



Join the Halton & Hamilton  
FASD Support Groups to

# UNTANGLE THE HOLIDAY CHALLENGES

Discover practical strategies for families to prepare, plan, manage, and  
navigate the holiday chaos

Gain insights from a professional about how the holidays affect children and  
adults with FASD, developmental disabilities, mental health challenges, and  
trauma histories. Learn effective ways to prevent many of the difficult  
behaviours and situations that often arise during this season.

AT 7:00PM

NOVEMBER	27	WEDNESDAY
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[CLICK HERE TO REGISTER FOR FREE WEBINAR](#)

[WEBSITE LINK](#) for more information  
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